

MENU

COLD DRINKS

All our cold drinks are served with ice in a glass.

Fruit Shoots 275ml **£1.85**

Apple & Blackcurrant 11 kcal
Orange 17 kcal
Summer Fruits 11 kcal

Canned Drinks 330ml **£3.15**

Coke 139 kcal
Diet Coke 2 kcal
Fanta Orange 63 kcal

Bottled Water 330ml **£1.95**

Still or Sparkling 0 kcal

Frobisher's Fruit Juices 250ml **£3.20**

Orange 105 kcal

Lotherton Heritage
Apple Juice 250ml

£3.20 133 kcal

Made from the juice of over 100 varieties of traditional and rare apples, grown on the Lotherton Estate



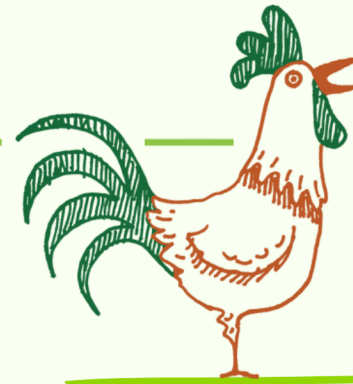
Allergies and Dietary Requirements

Please note, our food is made in a kitchen which handles gluten and other allergens including nuts.

If you have any allergies, intolerances or dietary requirements please alert a member of staff at the point of ordering and our staff will assist in catering for your needs.

We have vegetarian, vegan, non-gluten and dairy free options available, please ask a member of the team for details.

*Adults need around 2000 kcal a day.



BREAKFASTS

Monday to Saturday served until 11.30am, Sunday until 12 noon.

The Big Breakfast 956 kcal **£7.45**

Two fried eggs, two slices of rindless back bacon, two rare breed sausages, two hash browns, baked beans, mushrooms, half a tomato, served with a slice of malted bloomer toast and two butter portions.

Our sausages are supplied by Temple Newsam Home Farm.

Children's version available see overleaf.

Vegetarian Breakfast (V) 770 kcal **£6.45**

Two fried eggs, two vegan sausages, two hash browns, baked beans, mushrooms, half a tomato, served with a slice of malted bloomer toast and two butter portions.

* Vegan and Non-Gluten options available.

BREAKFAST SANDWICHES



Served in a white breadcake with sunflower spread, with a mixed salad garnish and French dressing. **£5.95**

Three rashers of Rindless Back Bacon 487 kcal

Three Rare Breed Sausages 697 kcal

Three Vegan Sausages (V)(VG) 500 kcal

Eggs Benedict 630 kcal **£6.95**

Two poached eggs and gammon ham on an English muffin, served with Hollandaise sauce and a mixed salad garnish.



BREAKFAST MUFFINS
£2.95

Egg, Bacon & Cheese Muffin 418 kcal

Egg, Sausage & Cheese Muffin 488 kcal

Egg & Cheese Muffin 346 kcal

Add two Hashbrowns to your Breakfast Muffin for **£1.50** 180 kcal

* Non-Gluten option available, please ask a member of the team for details.

Eggs Royale 797 kcal **£6.95**

Two poached eggs and smoked salmon on an English muffin, served with Hollandaise sauce and a mixed salad garnish.

American Pancakes (V) 415 kcal **£5.95**

A stack of five pancakes. Add:

Apple 14 kcal 50p
Bacon 287 kcal £2.35
Banana 105 kcal 75p
Maple Syrup 195 kcal 95p

Toasted Teacake (V)(VG) 422 kcal **£3.40**

A toasted fruit teacake served with three butter portions.

Toast (V)(VG) 106 kcal **£1.25**

One slice of toast served with a butter portion.

Crumpets (V) 427 kcal **£3.75**

Two white crumpets served with butter and strawberry jam.

Fruit & Yoghurt Pot (V) 156 kcal **£2.95**

Greek yoghurt and fresh berries.



LUXURY AFTERNOON TEA

from 1350 kcal

£17.99
per person

A selection of freshly prepared sandwiches

A freshly baked homemade scone with jam and clotted cream

Mini cake selection

Slice of iced fruit cake

Unlimited tea orAmericano coffee

*Vegetarian, Vegan and Non-Gluten options available.

Available all week between 1pm and 3pm

Pre-booking is required 48 hours in advance.

Please email at arium@leeds.gov.uk with your preferred date, time and a contact number. We will telephone you to confirm your booking.

HOT DRINKS



Pot of Yorkshire Tea (V) 0 kcal **£2.10**

Pot of Tea for Two (V) 0 kcal **£3.15**

Pot of Flavoured Tea (V) 0 kcal **£2.25**

Espresso (V)(VG) 4 kcal **£2.75**

Americano (V)(VG) 4 kcal **£3.10**

Flat White (V) 106 kcal **£3.15**

Cappuccino (V) 106 kcal **£3.45**

Latte (V) 109 kcal **£3.45**

Mocha (V) 250 kcal **£3.45**

Hot Chocolate (V) 121 kcal **£3.15**

Deluxe Hot Chocolate (V) **£3.75**

with cream and marshmallows 221 kcal

Babychino (V) 30 kcal **£1.00**

with semi-skimmed milk

* Semi-skimmed milk (V) 7 kcal

Almond milk (V)(VG) 3 kcal

Soya milk (V)(VG) 5 kcal

Oat milk (V)(VG) 4 kcal

* Decaffeinated tea and coffee available on request.

* Syrups £1.00 per shot from 30 kcal



LUNCHES

Monday to Saturday served from 11.30am until 3.30pm. Sunday 12.00 noon to 3.00pm. Drinks and cakes available until 4.00pm.

(V) Vegetarian (VG) Vegan (NG) Non-Gluten



HOME-MADE SANDWICHES

A home-made selection of fillings served in a cold malted bloomer bap with a salad garnish and French dressing. All £6.25

Gammon Ham 328 kcal

Tuna Mayonnaise and Cucumber 636 kcal

Vegan Hoi Sin Duck and Cucumber (V)(VG) 573 kcal

Chicken, Bacon and Sweetcorn 915 kcal

Smoked Salmon and Cream Cheese 583 kcal



Add a portion of wedges with choice of dip (V)(VG)(NG) 486 kcal
£2.75

All our sandwiches can be made with Gluten Free bread.



SAVOURY SNACKS

All served with onion chutney and salad garnish.

All £2.95



Sausage Roll 541 kcal

Vegan Roll (V)(VG) 426 kcal

Pork Pie 773 kcal

Bacon, Cheese and Bean Pasty 768 kcal

Pulled Pork Pasty 787 kcal

HOT FOOD

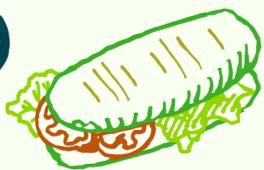


Soup of the Day (V) £6.25

Served with a brown bread roll and a butter portion.

Ask a member of staff for today's Soup of the Day.

TOASTED PANINIS



Served with a salad garnish and French dressing. £8.95

Grated Cheese with Tuna Mayonnaise 542 kcal

Mozzarella Cheese with Sliced Pepperoni 448 kcal

Vegan Halloumi Style Cheese with Cranberry Sauce (V)(VG) 591 kcal

WARM SANDWICHES

Served in a white breadcake with salad garnish and French dressing.

BBQ Pulled Pork 568 kcal

Pulled Beef and Gravy 966 kcal

£6.25



JACKET POTATOES



Served with a salad garnish and French dressing 435 kcal £8.95

Create your own - choose two options from the list:

Beans (V)(VG) 86 kcal

Cheese (V) 207 kcal

Coleslaw (V) 248 kcal

Pulled Pork 128 kcal

Tuna 109 kcal

Vegan Cheese (VG) 109 kcal

BURGERS



Single Cheeseburger 811 kcal £6.95

Served in a brioche bun with a salad garnish and BBQ sauce.

Vegan Single Cheeseburger (V)(VG)

Served in a brioche bun 428 kcal £6.95 with a salad garnish.

FRESH SALADS



Delicious homemade salad made fresh to order, with gem lettuce, plum tomatoes, sliced cucumber and red onion - add TWO toppings of your choice. £6.95 52 kcal

Chicken 106 kcal

Coleslaw (V) 248 kcal

Feta (V) 275 kcal

Ham 116 kcal

Olives (V)(VG) 103 kcal

Tuna 109 kcal

Add a portion of wedges with choice of dip (V)(VG)(NG) 486 kcal

£2.75



the flowerpot children's menu

Children's Breakfast 493 kcal £4.25

Monday to Friday served until 11.30am, Sunday until 12 noon.

One fried egg, one slice of rindless back bacon, one rare breed sausage, baked beans, served with a slice of white toast and one butter portion.

Pasta with Tomato Sauce (V)(VG) 206 kcal £3.50

Beans on Toast 334 kcal £1.50

Lunch Box from 556 kcal £5.95

A white bread sandwich -

Ham 240 kcal

Cheese (V) 270 kcal

Tuna Mayonnaise 334 kcal

with a Jelly Squeeze, Pom-Bear crisps, Fruit Shoot and colouring sheet with crayons.

Ice Cream Tub £2.50

Northern Bloc

Strawberry or Chocolate

ice cream. from 97 kcal



LOCAL SUPPLIERS

We are proud to serve locally sourced quality produce and ingredients which have been lovingly cooked in house.



DESSERTS

Our individually served desserts are sourced from local suppliers.

Freshly Baked Scone (V)

with butter 720 kcal £3.55

with butter & local jam 795 kcal £4.15

with jam & clotted cream 959 kcal £4.95

Bakewell Tart (V) 752 kcal £4.15

Biscoff Cheesecake (V) 731 kcal £4.15

Lemon Meringue Pie (V) 569 kcal £4.15

Terry's Chocolate Orange Cheesecake (V) 381 kcal £4.15

Luxury Lemon Cheesecake (V) 357 kcal £4.15

White Chocolate Lindt (V) 357 kcal £4.15

Cheesecake 423 kcal

A selection of delicious cakes, buns and other sweet treats are available on our counter.



*A selection of wrapped vegan, non-gluten and dairy free cakes are available on request.

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